

# *Assumption BVM School*

## *Lunch Menu Oct 2018*

**ROMAINE LETTUCE, RAW VEGETABLES, MILK SERVED DAILY**

|  |   |  |  |  |
|--|---|--|--|--|
| October 1  | 2   | 3  | 4  | 5  |
| Tacos<br>Hard/Soft Shell<br>Yogurt<br>Corn<br>Apples           | Hamburgers/<br>Cheeseburger<br>Green Beans<br>Peaches               | Corn Dogs<br>Wheat Bread<br>Broccoli<br>W/Cheese<br>Apples                 | French Toast<br>Syrup<br>String Cheese<br>Breakfast Pizza<br>Baked Beans<br>Banana/Oranges | Chicken Nuggets<br>Wheat Bread<br>Mixed Vegetables<br>Apples       |
| 8  | 9   | 10   | 11   | 12 "Birthday Table"  |
| Cheese Pizza<br>Corn<br>String<br>Cheese<br>Apple Sauce        | Chicken Patty<br>Yogurt<br>Green Beans<br>Oranges                   | Chicken Noodle<br>Soup<br>Wheat Bread<br>Mixed Vegetables<br>Apples        | Waffles<br>Sausage Patty<br>Yogurt<br>Baked Beans<br>Mandarin Oranges                      | Spaghetti<br>w/Meatballs<br>Broccoli<br>Pineapple                  |
| 15   | 16  | 17   | 18   | 19   |
| Beef<br>Stroganoff<br>W/ Noodles<br>Green Beans<br>Oranges     | Sloppy Joes<br>Mixed Vegetable<br>Tater Tots<br>Diced Pears         | Chicken Tenders<br>Wheat Bread<br>Mashed Potato<br>Corn<br>Gravy<br>Apples | Pancakes, Syrup<br>String Cheese<br>Strawberries<br>Yogurt<br>Banana                       | Hamburgers/<br>Cheeseburger<br>French Fries<br>Broccoli<br>Oranges |
| 22   | 23  | 24   | 25   | 26   |
| Hot Dogs<br>Mac and<br>Cheese<br>Baked Beans<br>Oranges        | Salisbury Steak<br>Mashed Potato<br>Mixed Vegetables<br>Apple Sauce | Chicken Patty<br>Green Beans<br>Tater Tots<br>Apples                       | Tacos<br>Hard/Soft Shell<br>Yogurt<br>Corn<br>Mixed Fruit                                  | <b>No School</b>   |
| October 29   | 30  | 31   | November 1   | 2  |
| Cheese Pizza<br>Corn<br>Yogurt<br>Cottage<br>Cheese<br>Oranges | Corn Dogs<br>Wheat Bread<br>Broccoli<br>W/Cheese<br>Apples          | Meatballs/Gravy<br>Mashed Potatoes<br>Green Beans<br>Diced Peaches         | French Toast<br>Syrup<br>String Cheese<br>Breakfast Pizza<br>Baked Beans<br>Banana/Oranges | Chicken Nuggets<br>Wheat Bread<br>Mixed Vegetables<br>Apples       |

**Optional entrees of a cheese sandwich or made to order salad are available daily.**

**Prices for lunch: \$3.00 per student, \$3.40 per adult and \$.45 for milk only.**

**Parents and friends are welcome to join us for lunch anytime! Please call 822-5650**